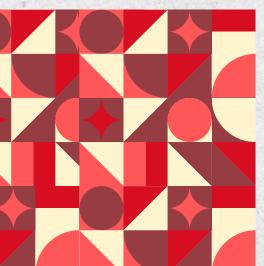


# 2022 - 2023 ANNUAL REPORT







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We have achieved so much and made a meaningful difference in the lives of vulnerable people in our community.

I would like to extend my heartfelt gratitude to all our trustees, past and present, who have steadfastly upheld their responsibilities, ensuring the governance and leadership that drive the values and mission of our consortium.

A special thank you goes to our member organisations and individuals for their support and collaborative efforts on various projects and campaigns at Kanlungan. And we would not be able to achieve this without our dedicated staff and volunteers who use their skills to provide the best services to the members of our community.

Let us reflect on the highlights of our achievements and endeavours. Our campaigns have gained tremendous momentum, and the trust of our funders has been reaffirmed as they witnessed the positive impact we've made on our community.

This trust has led to renewed funding for new projects and the continuation of ongoing essential wrap-around services, especially for survivors of domestic violence, modern slavery, and labour exploitation. It has also increased our capacity to work collaboratively with other organisations working on human rights and migration issues.

Projects like The Phoenix Way enable us to take part in facilitating infrastructure development, enabling Black and minoritised communities in the UK to access essential funding. The JRCT campaign project has furthered our pursuit to advance employment and migrant rights, culminating in the establishment of a promising alliance.

In a recent milestone, justice was achieved for Bennylyn and Jellica Burke through our collective campaigns, and the conviction of Andrew Innes marked a step forward.



We must harness this momentum to strengthen community awareness and unity against exploitation and injustices faced by women, their children, and migrant workers.

As we move forward, let us encourage greater participation and expand our network. Reach out to potential new members, engage in our campaigns, and foster collaboration with organisations representing ESEA, Black, and racialised communities. We should expand our work with workers in the arts and culture sector, gig economy, food factories, and industries where exploitation persists. Empower them with knowledge about their rights as migrants and employees, as well as their human rights in the UK.

Our cooperative measures extend beyond our borders. We have embarked on partnerships with European organisations, intensifying our collaborations with the International Migrant Alliance, International Women's Alliance, and other progressive grassroots-based groups advocating for human rights.

The journey ahead is promising, and your commitment is instrumental. We shall continue to make a fruitful impact and work towards a more just and equitable society.

Congratulations and more power to all of you!

Noel Reyes Chairperson

# About Kanlungan

For almost three decades, Kanlungan Filipino Consortium has stood as a prominent charity dedicated to serving Filipino and other Southeast and East Asian migrants in the United Kingdom. Founded by Filipino migrants in 1994, Kanlungan became a charitable incorporated organisation in 2021.

From our inception, we have remained dedicated to collaboratively serving the multifaceted needs of our community. This commitment is upheld through the combined endeavours of our 11 member organisations, numerous individual members, and our invaluable volunteers.

At the core of our mission lies the desire to empower migrant communities and uplift their socio-economic conditions within the UK, striving to eradicate poverty, discrimination, and violence. Through a comprehensive range of initiatives, we leave no stone unturned in making a positive impact on the lives of those we serve.



# Member Organisations



#### Alaga Kita

A community enterprise that provides exceptional services and fully managed resourcing solutions bespoke to Filipino migrants and other Black, minority, and ethnic groups in the UK.

alagakitacic.org.uk



#### Bayanihan Leicestershire

A non-partisan Filipino organisation that promotes its core values, which reintegrates within the community of Leicestershire.

facebook.com/BayanihanLeic estershire



#### Bahaghari UK

A progressive organisation supporting LGBTQIA+ Filipinos in the UK, advocating and campaigning for their rights as migrants and members of the Filipino diaspora and the LGBTQIA+ community.

facebook.com/bahaghariuk



# Campaign for Human Rights in the Philippines

An independent group of individuals and organisations who are concerned about human rights and social justice issues affecting Filipinos both in the Philippines and in the UK.

chrp.org.uk



#### **Bahay Kubo**

A community social enterprise and the only Filipino housing association of its kind in the UK and Europe providing affordable accommodation, housing services, management, and advocacy.

bahaykubo.org.uk



### Filipino Domestic Workers Association

A national democratic mass organisation that promotes and upholds the rights and welfare of domestic workers regardless of status, age, gender, race, and religion.

fdwa.org



#### Gabriela - London

A grassroots-based alliance of Filipino women primarily from the marginalised sector aiming to educate and empower them through collective action.

facebook.com/GabrielaUK



## Greenwich Filipino Community

An organisation that promotes brotherhood among Filipino and other ethnic groups in the Greenwich borough, with the aim to preserve Filipino heritage, culture, customs, and traditions.

facebook.com/groups/105117 419539913



### Southeast and East Asian Centre

A community organisation for and by migrants, refugees, and people seeking asylum from Southeast and East Asia, and people of these heritages living in the UK.

seeac.org.uk



## Southeast and East Asian Women's Association

The only organisation empowering Southeast and East Asian women, aiming to change and improve the lives of women members of their communities.

seeawa.org.uk



#### Philippine Theatre UK

The only active British
Filipino community
theatre company in
Europe, providing free
training in theatre arts. It
has produced 21 original
plays to-date.

facebook.com/PhilippineThea treUk

# Board of Trusteen



Chairperson:
Noel Reyes
(Leicester Filipino
Group)



Vice Chairperson: Virgie Espanola (Greenwich Filipino Community)



Treasurer:
Herbert Fadriquela Jr.
(Bahay Kubo Housing
Association)



Secretary General: Patty Miranda (CHRP)



Julia Rice (Filipino Domestic Workers Association)



Nina Rivera
(Bahaghari UK)

Emma Bibal (BKHA), resigned January 2023
Juvy Ganaden (coopted), resigned February 2023
Mariko Hayashi (SEEAC), resigned February 2023
Eva Mayor (Gabriela), resigned October 2022
Marita Santa Cruz (FDWA), resigned October 2023

### **Management Committee**

Alren Aure (Bayanihan-Leicester)
Mariko Hayashi (Southeast and East Asian Centre)
Marisa Medenila (Alaga Kita)
Karen Raguindin (Alaga Kita)
Ramon Tenoso (Philippine Theatre UK)

# Projects & Services

#### Mental Health and Welfare Support

Kanlungan places a particular focus on mental health and welfare support.
Recognising the importance of addressing the psychosocial wellbeing of community members, Kanlungan lends a supportive hand to those facing emotional challenges through befriending sessions, ensuring they are not left to bear their burdens alone.

The consortium extends unwavering support to women and families encountering violence in both domestic and workplace environments. By providing a safe haven and assistance in such distressing circumstances, Kanlungan empowers victims to rebuild their lives and regain control of their destinies.



**18 of 27** women who received mental health support and cash grants have no recourse to public funds

A comprehensive support system is in place for migrant women who have experienced isolation and loneliness. Group therapies are organised, fostering community integration, networking, and resilience-building, opportunities.

These bi-weekly sessions centre around various wellbeing themes, including positive coping, personality development, resilience,

and self-care. For those requiring specialised assistance, such as survivors of domestic abuse, human trafficking, or workplace bullying, individual psychosocial and counselling services are offered.

These culturally appropriate sessions comprise at least 6-8 meetings, once a week, spanning 1.5 to 2 months.

To enhance financial resilience, bi-monthly workshops and webinars are conducted, focusing on livelihood/job skills development, welfare benefits, financial literacy, and self-confidence building at work.

In total, the support provided has impacted **200 individuals**, empowering them to overcome challenges, rebuild their lives, and thrive in their new environment.

Many of Kanlungan's service users have no other access to support due to their immigration status and lack of documentation.



'Because of my status, I don't have any support from the government, at the time the only people who were helping me were the Catholic Church in the borough I used to live. ... Kanlungan [supported me] emotionally, financially, in every aspect'. - Service user



The comprehensive approach emphasises both the collective strength of group therapies and the tailored assistance needed for those facing more complex issues, ensuring a holistic and culturally sensitive support system for each individual.

















# Employment and Migrant Rights Advice

Kanlungan has also distinguished itself as a hub for co-learning, information sharing, and advocacy on rights. By imparting knowledge and understanding of essential rights and entitlements, Kanlungan arms its community with the necessary tools to navigate through life's challenges successfully.

Acknowledging the complex issues surrounding employment and migrant rights, Kanlungan offers invaluable advice to ensure the protection and fair treatment of its community members in the workforce.

This proactive approach prevents exploitation and fosters a conducive environment for growth and prosperity.



The organisation (Kanlungan) helped me in maintaining my sanity intact. I was able to find people who would listen to me without judgement and I felt that you were really there for me. You showed that you were concerned and would help me to the best you can.

I was also very happy that during my trial one of your representatives was there to support me, it mattered a lot to me.

Right now, I am still in the process of getting over this case. But I am delighted that you were there to hear me and have a conversation with me.

I am very happy to have met you and this organisation'. – Service user







Applicants interview at Alaga Kita



Away Day 2022

#### **Access to Legal Services**



93

Catered Cases for Employment, Immigration, and Mental Health and Wellbeing



**17** 

Referrals to solicitors made, including: 9 applications already lodged with the Home Office and 8 clients who now have status



8

Referrals to National Referral Mechanism First Responders, with 4 positive reasonable grounds decisions and 1 successful voluntary return

# Co-Learning Activities, Rights-Based Workshops, Confidence-Building & Media Training



226

Migrants have better knowledge of immigration rights and processes through 15 workshops delivered by immigration law firms and NRM First Responders



40

Irregular migrants have increased confidence and knowledge of rights through anti-raids workshops delivered by Haringey Anti-Raids



15

Migrants received media training through 1-on-1 training, which led to media interviews and two opinion pieces authored by community members

# Mentoring for Irregular People on Campaigning, Connected to the StatusNow4All London Chapter



20

Irregular migrants mentored



30

Irregular migrants participated in public campaigning: 4 at StatusNow4All events and 26 at migrants' demonstrations in London at key gatherings outside 10 <a href="Downing Street">Downing Street</a>, Parliament, and House of Lords



1

Irregular migrant has been mentored into becoming a SNN London coordinator

# Wrap-Around Support for VAWG and Modern Slavery Survivors

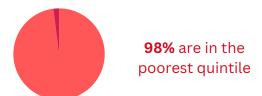
Kanlungan provides an all-encompassing and culturally sensitive service tailored to assist vulnerable migrant women who face gender-based violence.

This support not only enhances the wellbeing of the direct service users, but also positively impacts their children and the broader community through volunteer contributions.

In partnership with its member organisations, Filipino Domestic Workers Association (FDWA) and Southeast and East Asian Centre (SEEAC), the consortium has provided services for victims of violence and abuse from Indonesian, Filipino, and Vietnamese communities.

75% have no recourse to public funds





Through the provision of comprehensive support for survivors of violence against women and girls (VAWG), including welfare advice, mental health assistance, immigration support, and employment

guidance, Kanlungan has successfully aided over **150** women with children in breaking free from violence and destitution.



'Kanlungan has been a tremendous aid to me throughout my battle with domestic abuse and the depression that came along with it.

I wouldn't have the strength and knowledge to carry on by myself. I'm in the process of healing and recovering and moving on now. Six months ago I was a complete wreck and I didn't know what to do, or who to talk to.

Kanlungan was my first safe haven where I felt some sort of protection and opened up about what happened to me.

I am very grateful for this charity and I probably would have lost all hope if I hadn't been in touch with them'. - Mary Ann Manaloto

Kanlungan extends its help by referring these individuals to other relevant statutory and non-statutory agencies, ensuring they receive the holistic care they need to rebuild their lives.

Many service users find themselves in a challenging position, as they do not receive adequate support from the government's legal aid and welfare system. The limitations on legal aid availability or their ineligibility to receive it leaves them feeling frustrated, anxious and fearful, particularly if they have insecure immigration status.

The status of having No Recourse to Public Funds (NRPF) further compounds their difficulties, preventing them from accessing essential support like universal credit, which is crucial for homeless, vulnerable, and abused migrant women. As a result, they often find themselves in a state of loss and limbo, exacerbating their mental and physical wellbeing.

#### Success Story

We first made contact with 'Jane' on 17 October 2022. At that point, Jane felt very vulnerable because she was still living with her perpetrator. She mentioned that her husband changed a lot when they arrived in the UK, which was exasperated by the pandemic.

According to her, upon arriving in the UK in 2019, she needed to work quickly to support both of them, even paying for her husband's apprenticeship. The pandemic triggered her husband to go back to drug abuse, which resulted in him physically and emotionally abusing her. She called the police and she was referred to Kanlungan by local authorities.

The once-weekly befriending sessions were essential for Jane to process her thoughts and emotions. She was able to express her pain, including the end of her marriage. Throughout this process, we made sure that she was safe, considering that she was still living with her perpetrator. Emergency contacts were provided to her. She also engaged in GROW group support wherein she was emotionally supported by the group. Whilst in session, she was able to focus on relocating to London and eventually moved on November 28.

She currently works full-time and is processing her DDVC application with Kanlungan's support.

#### Mumshies Group Corner

Mumshies Group has been dedicated to supporting Filipino migrant mothers and their children in the UK since 2020. The facilitated group provides mothers with a monthly online space to de-stress, share stories, emotionally support each other, and help mothers care better for their children, their families, and themselves.

The mumshies occasionally meet in person as well, wherein mums and children are able to create bonds and have fun with everyone.



Mumshies picnic



'Having no family here is not an easy way, especially for the trauma that I've been through during the pandemic, so Kanlungan helps us a lot'. – Service user

'[Before Kanlungan] I didn't know some of the Mumshies here in the UK..it is good to know that we have someone to chat and meet with sometimes so we can disconnect from our problems for a while'. – Service user



#### Campaigns and Advocacy

Central to Kanlungan's mission is its dedicated campaign and advocacy work, which plays a pivotal role in advancing the cause of migrant rights and welfare. The consortium has been supporting its member organisations to achieve visibility in both national and international arenas, effectively magnifying the reach and impact of their campaigns and messages.

One area where Kanlungan has made a significant impact is in shedding light on the issues faced by domestic workers. Trained domestic workers have actively collaborated with the media, generating substantial coverage on critical topics such as labour exploitation and healthcare worker concerns.

Kanlungan's member organisations have actively engaged in dialogues with both statutory and non-statutory agencies. This proactive approach has been instrumental in influencing public policies that are essential for safeguarding the rights and wellbeing of migrant communities.

The UK Government has not recognised Filipino and Southeast and East Asian Migrants as ethnicities. Instead, they fall under 'Asian Other'



Asian other = **972,783 1.6%** of the population in England and Wales

SOURCE: England and Wales 2021 Census

By spearheading campaigns, collaborating with the press, and engaging with policy-making bodies, Kanlungan continues to demonstrate its commitment to effecting meaningful change in the lives of migrant workers. Through persistent efforts and strategic advocacy, the consortium remains a driving force in promoting fairness, justice, and improved conditions for the migrant community.



'Local Votes for Local Migrants' campaign at Parliamentary Week

Kanlungan, Southeast and East Asian Centre (SEEAC), and East and Southeast Asians in Scotland (ESAS) have joined forces under the support of the Joseph Rowntree Trust Foundation to launch a 3-year programme which started in January 2023.

The initiative aims to train community leaders, empowering them to lead campaigns and raise awareness about migrant labour exploitation, particularly at the intersection of migration issues. Through this collaborative effort, the consortium seeks to drive positive change and address the challenges faced by migrant communities in relation to labour exploitation.

#### **OUR PLACE IS HERE**

The domestic worker visa concession campaign proved to be a remarkable success due to fruitful collaboration between Kanlungan, FDWA, Kalayaan, and Purpose Foundation.

Together, they embarked on a joint initiative, funded by Benevolentia-Porticus, named Our Place is Here. This is also the title of the 2023 documentary produced by filmmaker Tracy Kiryango and FDWA to tell the stories of the domestic workers in the UK.

The group's collective mission was to advocate for the acknowledgment of domestic work as legitimate employment and to implore the UK government to ratify ILO Convention 189 on Domestic Workers' Rights.

By shining a spotlight on the issue of labour exploitation and tirelessly working to combat the trafficking of domestic workers into the UK, this campaign made significant strides towards safeguarding the rights and dignity of these vulnerable individuals.



Listen to a collection of personal essays written and spoken by migrant domestic workers living in the UK, as part of OPIH.



Our Place is Here documentary poster

#### Our Place is Here documentary stills









'The majority of domestic workers are survivors of trauma - whether they admit it or not - and I have seen this first hand in my engagement with fellow domestic workers via the activities and campaigns conducted by Purpose and participated in by other organisations like VODW and FiliFest.

No one aspires to be a domestic worker; no one replies 'to be a domestic worker' when asked at 9 or 10 years old what they would like to do or be when they grow up. People arrive at doing domestic work for various reasons: poverty, domestic abuse, gender-based violence, discrimination of all sorts, and immigration issues. <cont>



















'So, as survivors of trauma, most of us are more than willing and grateful to be given assistance, advocated for, or merely just recognised as such. Very few people, on the other hand, can metabolise their trauma response into advocating for and campaigning for their rights and protections. But no one is best suited to carry out these advocacies than domestic workers themselves - I think domestic workers now realise that'. – FDWA Member



**117** domestic workers attended media training and trainer's training sessions, co-produced by FDWA



'Not all Filipino migrants in the UK are aware of the campaign work of domestic worker groups. Getting people to join in our campaign work towards legislation is very difficult and is met with a lack of enthusiasm.

Some members bravely shared their experiences regarding the need for legal protections for overseas domestic workers.

We are very thankful to Purpose, that provided us with many resources, ideas, and support in extending our network, which we know is vital for successful policy and political campaign work'. - FDWA member







#### **Empowered Domestic Workers Project**

The Empowered Domestic Workers Project is a collaborative effort between FDWA and Kanlungan, generously funded by Porticus UK.

This community-led initiative aims to create a sense of safety and protection for domestic workers, ensuring they are treated with dignity and respect in their work and living conditions.

#### The project comprises three key components:

- (1) Media training to empower domestic workers to confidently advocate for change despite a hostile environment for migrant workers
- (2) Rights training to educate domestic workers about their rights as migrants in the UK
- (3) Community hosting to provide a temporary safe space for those who seek refuge from abusive employers

Through this comprehensive three-part programme, domestic workers gain the knowledge, skills, and support they need to thrive and be empowered in their work and daily lives.



The project initiated the development of the training module, incorporating insights from focus group discussions with domestic workers. Their experiences were integrated to co-create the training's content and methodology.

The FDWA community hosting offers a safe haven for domestic migrant workers who have fled abusive work environments. Utilising a network of vetted volunteers, the programme provides temporary shelter and shared facilities in the hosts' homes at no cost to the rescued individuals.



During their stay, the migrant workers who were rescued were referred to Kalayaan, Salvation Army, or other similar first responders for proper case assessment and potential referral to the National Referral Mechanism.

Rescue Missions: FDWA conducts rescue missions for domestic workers who may be in abusive living/working conditions.



FDWA Media Training Session with Tinig UK



#### \*From 1 April 2022 to 31 March 2023

27	rescued domestic workers
23	referred to NRM
23	received positive reasonable ground decisions

Rescues are hosted by community volunteers whilst referral is ongoing or they are awaiting a NRM decision.

# Bennylyn and Jellica Tribute

The Filipino community, both in the UK and abroad, played a crucial role in achieving justice for Bennylyn and Jellica Burke, who tragically lost their lives in a brutal incident in Dundee at the hands of Andrew Innes.

Thanks to wholehearted solidarity and support from various communities, Innes was sentenced to life imprisonment, with a minimum term of 36 years. We want to thank all of the generous donors and supporters who helped achieve justice for Bennylyn and Jellica. We salute the surviving family members for their courage and strength.



Throughout this challenging journey, Kanlungan provided crucial support to the bereaved family and acted as a powerful voice for the women in our community.

Despite facing resource limitations and the profound trauma caused by this heinous crime against our women and children, we persevered in our pursuit of justice. The resolve and determination demonstrated by our community sent a powerful message that such acts of violence would not go unanswered.

Our collective efforts not only brought closure to Bennylyn and Jellica's family, but also served as a source of strength and solidarity for women in our community. By standing united, we showed that we would not be silenced, and that we would continue to fight for justice and safety for all.

# Public Health Community Champions

As part of the Public Health Community Champions initiative, Hackney Giving successfully transformed the earlier generated infographics into prints, which Kanlungan distributed during various community events.

Through information dissemination efforts, Kanlungan strives to empower community members with essential knowledge and resources, supporting them in making informed decisions about their health and overall wellbeing. Hackney Giving remains committed to fostering a stronger, healthier community through these impactful initiatives.



#### **COVID Reports**

In partnership with the academe, Kanlungan produced reports to capture the impact of the COVID-19 pandemic on Filipino migrants in the UK.

Kanlungan provided both material support and educational campaigns for hundreds of Filipino migrants. The activities include pop-up vaccination clinics, online telephone support, social media workshops, and seminars about COVID.

Consortium members provided food and grocery relief for irregular workers and those

with no recourse to public funds (NRPF), and assisted those applying for cash assistance from the Philippine Department of Labour and Employment.

Kanlungan is also one of the core participants in the UK COVID-19 Inquiry to share the stories of frontline migrant healthcare workers during the pandemic. The consortium wants to hold the government accountable for the impact the pandemic had on its members as frontline migrant workers especially carers, nurses and domestic workers.

# Network Building and Policy Change

Collaborating with various esteemed universities and research institutes, including Exeter University, Nottingham University, JCWI, SEEAC, and FLEX, Kanlungan actively engages in researching migrant issues. Through these efforts, the consortium aims to generate essential insights and data that form the foundation for policy recommendations to address these pressing concerns.

Simultaneously, Kanlungan takes a proactive stance in advocating for dismantling the hostile environment that migrants often encounter. By liaising with key stakeholders in the sector, the consortium champions the cause of fair treatment and equal rights for migrants, tirelessly advocating for improved conditions and equitable treatment.



Kanlungan actively nurtures its networking capabilities, assuming a lead role in the Status Now 4 All Network. This influential platform focuses on lobbying for granting immigration status to all udocumented migrants, recognising the urgency and significance of providing support and recognition to this vulnerable population.

#### The Phoenix Way

The Phoenix Way is a continuing work that Kanlungan is doing towards creating an equitable funding process that helps build the capacity of Black and minoritised organisations. It is a legacy of the work the consortium achieved during COVID that influenced the channelling of resources to underserved communities, along with other Black and minoritised organisations.

Kanlungan has mapped the existing Black and minoritised organisations in London and the Southeast region, participated in setting up the strategic direction of the grant programme for young people and children, and supported the awarding of grants to organisations funded by the Youth Endowment Foundation and the Channel Foundation.

# Secondment in the Greater London Authority

The work Kanlungan is doing with the Greater London Authority and the Citizenship and Integration Initiatives highlights the need to support the work of the advice and support sector, providing services on the intersection of immigration and labour exploitation.

To date, Kanlungan is supporting the work of developing a training module that will enhance the capacity of grassroots organisations to address these issues.

#### **Organisational Development**

#### Gabriela Safe Haven - Southeast and East Asian Women's Association (SEEAWA)

Kanlungan's increased awareness and determined effort to challenge stigma led to a significant outcome: the organic formation of the Gabriela Safe Haven - Southeast and East Asian Women's Association (SEEAWA).

SEEAWA has achieved the remarkable milestone of establishing its governance structure, policies and procedures, training potential trustees and volunteers on VAWG issues, and applying for registration as a Charitable Incorporated Organisation (CIO).



This ground-breaking achievement marks the establishment of the UK's first and only feminist organisation dedicated to women from Southeast and East Asian backgrounds.

Kanlungan's member organisation Gabriela UK played a crucial role in fostering the development of SEEAWA's infrastructure by laying the groundwork for this vital support system, with IMKAAN's funding grant.

Through the collective efforts of the community, SEEAWA aspires to be a powerful force in advocating for the rights and wellbeing of Southeast and East Asian women in the UK. The women's group vows to provide peer-to-peer support for survivors of domestic violence and offer a safe space for recovery and healing.

#### Alaga Kita

The social enterprise arm of Kanlungan, Alaga Kita (I take care of you) CIC, received support during its initial operational stage, focusing on establishing a community business providing social care and ESEA translation services.

Together, they designed a training programme to aid migrants trafficked into the UK, while awaiting the outcome of their NRM applications.



Carers training session with Alaga Kita



The training aims to equip them with health and care skills, potentially leading to occupation visas in the health and social care sector for enhanced immigration status, stable income, and overall wellbeing.

In the latter half of 2022, the Board of Directors of Alaga Kita came together once again to revitalise the company's operations, and they made a strategic decision to bring on a part-time Project Development Manager. Over the next three months, this manager diligently planned, recruited, and restructured the Board of Directors, preparing for the company's relaunch. Finally, on 26 March 2023, Alaga Kita proudly reintroduced itself to the public in London.



Alaga Kita launch

The relaunch event was a resounding success, boasting impressive attendance and engaging activities. Attendees participated in valuable sessions, including hygiene training, food processing demonstrations, and discussions centred around the company's mission of supporting immigrants, particularly those from the Filipino community. The event highlighted Alaga Kita's commitment to making a positive impact on the lives of immigrants, showcasing their dedication to the cause.



Ako si Evelyn may isang anak na babae at nakaranas ng domestic abuse at umalis sa bahay namin at kasalukuyan nasa temporary accommodation ngayon thru help ng council (hotel). Nakilala ko ang Kanlungan Filipino community noong nag hahanap ako ng legal aid para sa anak ko.

Nakilala ko si Atty Dias at na mentioned niya na may groupo ng mga Filipino na tumutulong ng mga kagaya ko. Tinawagan ko sila at nag email at sinabi ko ang sitwasyon ko. Nag replay sila kaagad at tinulongan ako na maka cope up ng depression and anxiety ko. Ang opisina nila ay sa London at ako ay malayo sa lugar nila para sana mabisita ako ng personal pero hindi naging hadlang na ipagpatuloy ang tulong nila sakin kahit malayo ako. Nakilala ko ang isang napakabait na counsellor and mental health officer ng Kanlungan si Sir Michaele Nagac.

Sa kalagitnaan ng taas ng level ng depression and anxiety ko hindi ako iniwan ni Sir Michaele at sinigurado niya na lagi nasa mabuti akong kalagayan. Every week tumatawag siya sakin at kinakamusta ang kalagayan ko, at walang time noon na pag makausap ko siya lagi ako umiiyak sa kanya. Ginawa niya lahat ng makakaya niya na assure na malalagpasan ko din ito, assure niya na andian ang kalungan na tutulong sakin.

Mag tatlong buwan na akong binanbantayan ni Sir Michaele na masigurado niya na ako ay nasa mabuting kalagayan sa temporary accommodation ko at mentally okay ako. Lagi niya ako eni encourage na kaya ko ito at kapit lang kay God.

Tinulungan din ako ni Sir Michaele na makipag communicate sa mga social worker ko kong ano pa yong mga needs na pwedi pa itulong sakin at sa anak ko.
Tinulungan ako paano maki pag contact sa mga groups and mga kaibigan na malapit dito sa lugar ko.

Kanlungan staff and Sir Michaele did everything it could to help me. Hangang ngayon, andian parin sila sakin at continuous nakikipag communicate si Sir Michaele sakin masigurado niya na safe ako.

Nag papasalamat ako sa Panginoon at sa Kanlungan dahil ang laki ng pinag bago ko at improvement sa mentally health ko at nag iba ng pananaw ko sa buhay, at may direksyon na.

Gusto ko din pasalamatan sa mga tumulong sakin na kababayan at kaibigan ko na malapit sakin. Kanlungan Filipino Consortium London, maligayang anibersaryo sa inyong lahat. Panalagin ko sa Diyos na sana marami pa kayong matulongan na kababayan natin at maging successful pa ang KFC. More power sa Filipino community London. God bless you all.

Nagpapasalamat at humahanga, **Evelyn from Gloucestershire** 

#### Translation:

I'm Evelyn with a daughter and have experienced domestic abuse and left our house and are currently in temporary accommodation now through the help of the council (hotel). I met the Kanlungan Filipino community when I was looking for legal aid for my daughter.

I met Atty Dias and they mentioned that there is a group of Filipinos who help people like me. I called them and emailed them and told them about my situation. They helped me to cope with my depression and anxiety. Their office was in London and I was far from their place so I couldn't visit in person, but that didn't stop them from continuing to help me even though I was far away. I met a very good counsellor and mental health officer at Kanlungan, Sir Michaele Nagac.

In the middle of my depression and anxiety levels, Sir Michaele never left me and made sure I was always in good shape. He called me every week and told me about my condition, and there was no time when I would ever talk to him, I would always cry to him. He did everything he could to make sure I was safe and assure me that Kanlungan would be able to help me.

For three months now, Sir Michaele has been watching me to make sure that I am in good health in my temporary accommodation and that I am mentally okay. He always encouraged me to do it and to be with God.

Sir Michaele helped me communicate with the social workers assigned to me on how to meet my child's needs.

I was taught how to contact support groups and friends near me.

Kanlungan staff and Sir Michaele did everything they could to help me. Until now, they're still there, and Sir Michaele is constantly communicating with me to make sure I'm safe.

I am very grateful to God and Kanlungan for the major changes in me and the improvement in my mental health. My perspective in life has changed, I have a direction now.

I would also like to thank my friends and family who have helped me. Happy Anniversary to all of you. I pray to God that you will be able to help our countrymen and that the KFC will be more successful. More power to the Filipino community in London. God bless you all.

Grateful and impressed,

Evelyn from Gloucestershire

# **Current Projects**

#### **Enabling ESEA Community Resilience**

Funded by The National Lottery, Enabling ESEA Community Resilience is dedicated to empowering and strengthening ESEA communities in London. Working in collaboration with Bahay Kubo Housing Association and Southeast and East Asian Centre, the three-year project addresses crucial issues related to employment, housing, and mental health, with the ultimate goal of building resilient ESEA communities.

#### Rise Up Women

Rise Up Women, funded by MOPAC, provides free VAWG services for East and Southeast Asian survivors of gender-based violence in London. The initiative delivers individual and/or group social support sessions in mental health, as well as welfare support.



#### On Your Side

On Your Side is a nationwide service offering dedicated support for East and Southeast Asians, including Hong Kong BN (O) status holders in the UK who are victims of racism, and/or other forms of hate. This initiative is led by Protection Approaches in partnership with a consortium of national and community-based organisations.



#### ESEA Migrant Alli<mark>ance UK</mark>

Funded by JRCT, ESEA Migrant Alliance UK is an alliance of East and Southeast Asian migrant labour rights campaigners that aim to raise awareness among members of the community about how policies affecting labour and employment rights should and could be improved.

#### Pathways to Settlement

Funded by Trust for London, Pathways to Settlement is a two-year project to help irregular migrants in London have access to free legal advice and become regularised. Kanlungan provides one-to-one casework, advice sessions, workshops on immigration and employment rights, and confidence building, and networking.

# **Annual Fina**ncial Report

#### KANLUNGAN FILIPINO CONSORTIUM

## STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

#### FOR THE YEAR ENDED 31 MARCH 2023

	Uı	restricted funds 2023	Restricted funds 2023	Total	Unrestricted funds 2022	Restricted funds 2022	Total
	Notes	£	£	£	£	£	£
Income and endowments from:							
Donation and Grants	3	45,785	395,648	441,433	15,863	454,638	470,501
Charitable activities	4	11,008	5,400	16,408	3,879	15,407	19,286
Investments	5	301	-	301	17	-	17
Other income	6	-	18,335	18,335	-	-	-
Total income		57,094	419,383	476,477	19,759	470,045	489,804
Charitable activities	7	5,210	407,762	412,972	18,633	260,747	279,380
Net income and move funds	ement in	51,884	11,621	63,505	1,126	209,298	210,424
Reconciliation of fund Fund balances at 1 Apr		50,729	281,547	332,276	49,603	72,249	121,852
Fund balances at 31 M 2023	March	102,613	293,168	395,781	50,729	28 <mark>1</mark> ,547	332,276

The statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities.

#### KANLUNGAN FILIPINO CONSORTIUM

# STATEMENT OF FINANCIAL POSITION AS AT 31 MARCH 2023

		2023			2022
	Notes	£	£	£	£
Current assets					
Debtors	12	36,789		1,759	
Cash at bank and in hand		380,448		354,558	
		417,237		356,317	
Creditors: amounts falling due within	14				
one year		21,456		24,041	
•					
Net current assets			395,781		332,276
The funds of the charity					
Restricted income funds	15		293,168		281,547
Unrestricted funds			102,613		50,729
			395,781		332,276

The financial statements were approved by the Trustees on 15 April 2024

Mr Herbert Jr Fadriquela

Trustee



Amongst Kanlungan's generous funders and partners in delivering different projects and services during the financial year 2022 - 2023 are the following:

























The Phoenix Fund





















Andrea Martinez, *Director* (March - October 2022)

Eilleen Attard Bason Esteban, *Director* (October 2022 - February 2023)

Lorie Ann Halliday, *Interim Director* (March 2023)

Keren Austria, Programme Manager for VAWG & Welfare Services
Sarah Reid, Strategic & Development Manager
Rafael Joseph Maramag, Organisational Development Manager
Susan Cueva, Programme Manager, GLA Secondee
Victoria Scott, Programme Manager for VAWG and Community Services

Patricia Lewis, Community Coordinator
Francesca Humi, Advocacy and Campaigns Officer
Anne Quibael-Forman, Mental Health Support Officer
Michaele Nagac, Mental Health Support Officer
Mizpah Lee, Mental Health and Immigration Support Officer
Nyel Camilon, Social Media and Communications Officer
Christanghelo Francisco Godino Barde, Digital Communications Officer &
On Your Side Casework Advocate
Elshinta Soyuso Marden, Indonesian Community Coordinator
Nichola Vo, Vietnamese Community Coordinator
Florence Yilmaz, Bookkeeper
Eric Sibayan, Bookkeeper

Helen Rios, Project Coordinator for Our Place is Here Project

Phoebe Dimacali, Project Coordinator for Empowered Domestic Workers

Project

Cielo Tilan, Project Coordinator for Empowered Domestic Workers Project

WWW.KANLUNGAN.ORG.UK

# Support our Community!

#### **Community Hosting**

#### Provide a safe space.

Our rescues need a safe temporary space - a place to sleep (bedroom, shared room, or even a sofa!), and access to a bathroom

#### Sign up with us.



Register with us to state your availability and commitment to host. We will require a character reference and DBS check for vetting. You will then have an orientation with our community hosting coordinator before welcoming a rescue into your



#### We're in this together.

Community hosts are entitled to a stipend of £10 per week. Our community hosting coordinator will also be available for catch-ups and for any issues that may arise.

If you wish to help out, get in touch with us through the following channels:

Phone: +44 20389 31871 Email: info@kanlungan.org.uk

www.kanlungan.org.uk https://www.facebook.com/kanlunganuk/ https://twitter.com/kanlunganuk https://www.instagram.com/kanlungan\_uk/



#### **Sound Healing Sessions**

Ruhiya hello@ruhiya.com 07596407533



#### **Copemindset Training**

mmtrainer@outlook.com 0753 5747 154 Part of Mr & Mrs Knowhow Ltd. Limited Company info@mrmrsknowhow.com



laylanorton1216@yahoo.com



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#### Primordial Health

Carolina Ramuski carolina@primordialhealth.co.uk www.primordialhealth.co.uk



# sank Joe

#### Contact us:

www.kanlungan.org.uk info@kanlungan.org.uk Phone: 0203 8931871



#### Donate here!



